



# PE & 5X60 AUTUMN TERM

The 5x60 Sports and Physical Activity programme is delivered by the Vale of Glamorgan Council's Sports and Play Development Team. The activities are delivered during extra-curricular time, are free to participate in and everyone is welcome. For more information about the scheme please contact 01446 704896 or e-mail [slwilkinson@valeofglamorgan.gov.uk](mailto:slwilkinson@valeofglamorgan.gov.uk)



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2:45-3:45PM	<b>RUGBY</b> Mr Bolton Rugby Field	<b>BADMINTON</b> Miss Sullivan Sports Hall	<b>GIRLS FOOTBALL</b> Mrs Meddins 3G	<b>BOYS FOOTBALL</b> Mr Hall 3G	<b>GIRLS &amp; BOYS BASKETBALL</b> Mr Bolton/Mrs Meddins/Mr Hall Sports Hall
	<b>GYMNASTICS</b> Mrs McNamara Sports Hall	<b>HOCKEY</b> Mrs Meddins 3G	<b>NETBALL</b> Yr 7 & 8 Miss Jones Sports Hall	<b>FITNESS</b> Sam Fitness Suite	
			<b>AMERICAN FOOTBALL</b> Sam 3G	<b>DANCE</b> Fran Dance Studio	
3:45-4:45PM			<b>5-A-SIDE FOOTBALL</b> Sam 3G/Sports Hall	<b>DODGEBALL</b> Sam Sports Hall	



