



# St Cyres School

Strive Together. Challenge Yourself.  
Realise Everyone can Succeed.

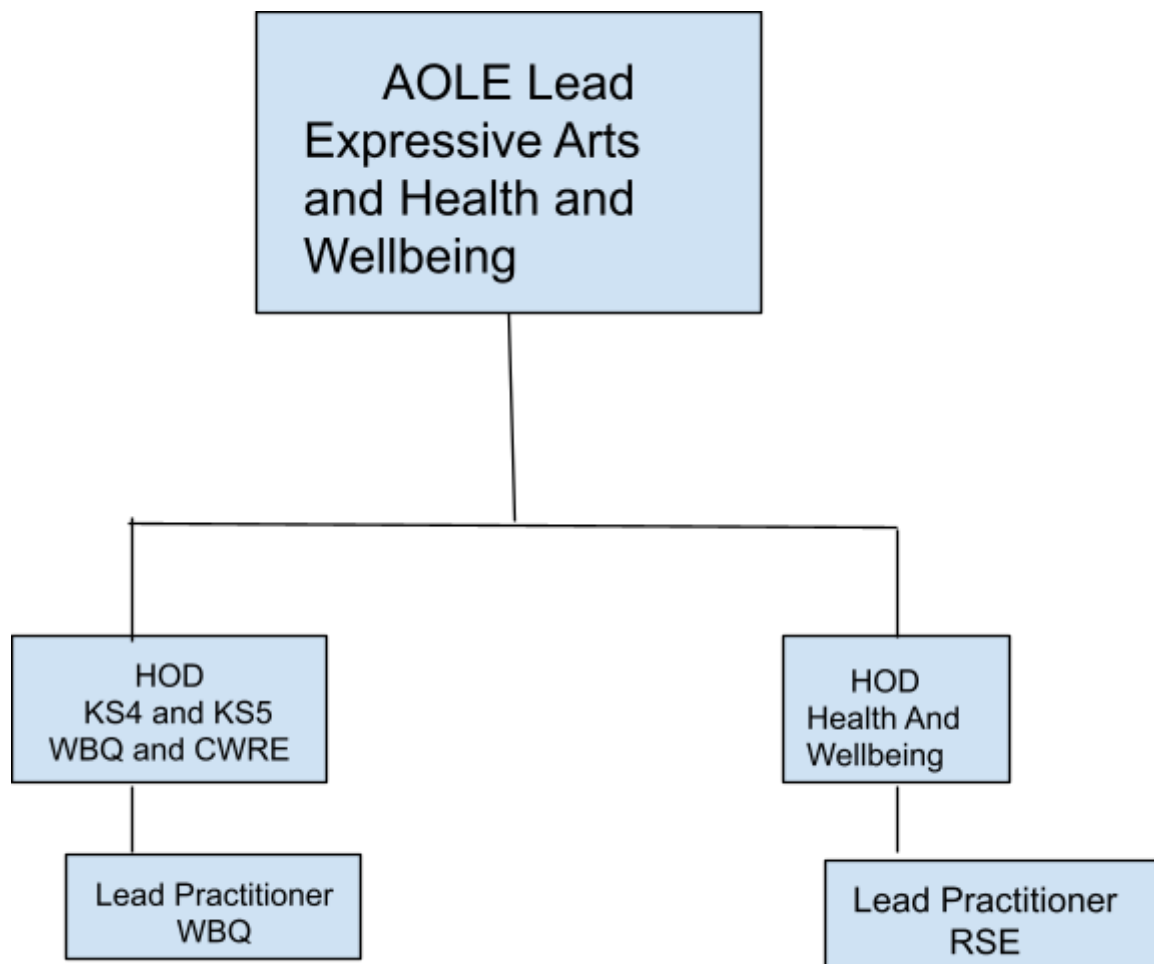
## *AREA OF LEARNING AND EXPERIENCE* **Health and Wellbeing**

### **Mission Statement**

#### **Health and Wellbeing**

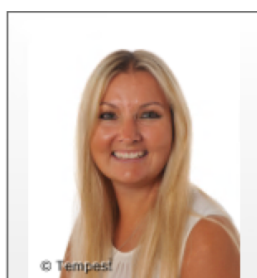
The Area of Learning and Experience for Health and Well-being provides a holistic structure for understanding. It is concerned with developing the capacity of learners to navigate life's opportunities and challenges with confidence and knowledge. The fundamental components of this Area are physical health and development, mental health, and emotional and social well-being. It will support learners to understand and appreciate how the different components of health and well-being are interconnected, and it recognises that good health and well-being are important to enable successful learning. Underpinning this work is a focus on preparing St Cyres pupils for life beyond St Cyres, enabling all our pupils to move on and succeed on whatever flight path they choose to follow.

The Area consists of a wide range of specialist subjects split into two Departments overseen by the AOLL for Health and Wellbeing



## AREA OF LEARNING LEAD for HEALTH AND WELLBEING

Mrs Rebecca Fowler-Thomas



## HEALTH AND WELLBEING

Head of Department

Mr Huw Thomas

Lead Practitioner

Miss Joanna Sullivan



## **WBQ and CAREERS AND WORK RELATED EDUCATION**

### **Head of Department**

Mrs Lisa Shearer

Lead Practitioner

Miss Emma Davies



**We offer a wide range of courses within the AOLE**

### **HEALTH AND WELLBEING**

KS3 PSE, RSE and Food Technology

KS4 GCSE Health and Social Care and Childcare (Single and Double Award), GCSE Food and Nutrition, SWEET, Independent Living, Equality and Diversity

KS5 Health and Social Care and Childcare

#### **Staff within this department also include;**

Mrs S Davies

Mr M Hyde

Mrs M Meddins

Mrs L Shearer

Miss J Sullivan

Mrs H Tomlins

Mrs S Thomas

Ms B Thomas (Food technician)

## **Extra curricular / Enrichment Activities**

Programme to follow

### **WBQ and CAREERS AND WORK RELATED EDUCATION**

KS4 WBQ and Careers and Work Related Education  
KS5 WBQ

**Staff within this department also include;**

Mr Tony Mclean - Careers Wales Careers Adviser



Most Year 9 - 13 classes are taught by their Learning Coach.

## **Extra curricular / Enrichment Activities**

Welsh Bacc Wednesdays - drop in sessions to support students with their Skills Challenge work in F12 after school on Wednesdays.